



BLD WASHINGTON  
**BUKÁS-LOÓB SA DIYÓS**  
**COVENANT COMMUNITY**

SERVING THE WASHINGTON, D.C. AREA

## *Counsel*

### ***THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI)***

**Theme:** We share life with Christ when we receive Him in the Holy Eucharist.

**Word:** Gn 14:18-20; Ps 110:2-4;  
1Cor 11:23-26; Lk 9:11-17

**Order:** *“Do this in remembrance of me.”*  
(1 Cor 11:24-26)

*(BLD Global Community reflection for June 2010)*

### ***REFLECTION:***

A man walked into a restaurant in a strange town. The waiter came and asked for his order. Feeling tired and lonely, he replied, “Meat loaf and a kind word.” When the waiter came back with the meat loaf, he said, “Where is the kind word?” Making sure the boss was not looking, the waiter whispered, “Don’t eat the meat loaf.”

Today, we will talk about food. We know that food is necessary to sustain life. Unlike other living creatures, man can choose to eat together making the act of eating a social event. Sadly, our fast pace of life makes it more convenient to eat on the run thus eating, more often than not, is a solitary event. Meals purposely eaten together

especially on special occasions gives us the opportunity to communicate, strengthen the bonds of friendship, a time to learn to love each other and even deepen our spiritual intimacy with each other and with God. In his book *Jesus of Nazareth*, reflecting on the Lord’s Prayer, Pope Benedict emphasized the pronoun “our” daily bread and not “my” daily in solidarity with the poor. When two or more are gathered praying the Blessing before meal, we know that God is in their midst. Thus there is something holy and sacred about eating together.

Now, there is a life with small letter “I”, our ordinary human life to be sustained with ordinary physical food and a Life with big letter “L”, our Spiritual Life which requires Spiritual Food, the Living Bread from Heaven, the Eucharist, the Body and Blood of our Lord Jesus Christ.

Today is a special event as we celebrate as a community of faith the Solemnity of Corpus Christi with joy and thanksgiving (in Greek, Eucharisto) for the gift of the Eucharist. It is foreshadowed in the first reading where Melchisedek, the King-Priest of Salem which means peace prefigures Christ when he offers bread and wine as blessing or thanksgiving to God and a blessing to Abraham, our father in faith.

Today’s feast is tied to Holy Thursday. St Paul’s Letter to the Corinthians gives an account of the

institution of the Eucharist and the memorial of Christ's broken Body and shed Blood of the new and everlasting covenant. The same words are used in every mass we attend.

In today's Gospel, the multiplication of the loaves to feed thousands of men is a miracle not only to alleviate their physical hunger but at the same time an announcement for an even more wondrous meal, the Eucharist for their spiritual hunger.

The 5 thousand men were arranged in an orderly fashion, in groups of 50's. Why? Because there will be a banquet, a celebration, a foretaste of the heavenly feast.

The bread would have been enough. Why the fish? Jesus wanted to take care of their health too. Ask any cardiologist. Heard of Omega 3?

The disciples distributed the food making them the first Eucharistic ministers. At the last supper Jesus made them priests when He said: "Do this in memory of me."

There were twelve leftover baskets. What do they signify? That God gives us his Blessings in superabundance to those who follow His Will and that the Eucharist should be brought to those who could not attend the sick and the homebound.

Furthermore, this feeding of the 5 thousand is not a one-shot deal. It is repeated everyday from generation to generation until the end of time as we, the members of the Body of Christ feast on the Eucharist, the very Flesh and Blood of our Lord Jesus Christ.

In contrast to the waiter who advised not to eat the meat loaf, let our kind word be to encourage each other to attend MASS and together receive the EUCHARIST more often.

St. Augustine said that whoever receives the Eucharist is converted or transformed into Christ. Let us be Christ to others as we continue to do our part in alleviating world hunger especially the poor and destitute. Let us be more self-giving persons reaching out toward our companions so that each Eucharist will be time of fellowship with one another, a feast of love. Amen.

**DIRECTIONS:**

1. Support and intensify your programs on poverty alleviation by sharing your time, talent and treasure.
2. Receive Holy Communion frequently and live with the presence of Jesus in your life.

***God's Promise for the Week***  
**"They all ate and were satisfied."**  
**(Luke 9:17)**



## *St. Joan of ARC- May 30*

St. Joan of Arc is the patroness of soldiers and of France. On January 6, 1412, Joan of Arc was born to pious parents of the French peasant class, at the obscure village of Domremy, near the province of Lorraine. At a very early age, she heard voices: those of St. Michael, St. Catherine and St. Margaret.

At first the messages were personal and general. Then at last came the crowning order. In May, 1428, her voices "of St. Michael, St. Catherine, and St. Margaret" told Joan to go to the King of France and help him reconquer his kingdom. For at that time the English king was after the throne of France, and the Duke of Burgundy, the chief rival of the French king, was siding with him and gobbling up evermore French territory.

After overcoming opposition from churchmen and courtiers, the seventeen year old girl was given a small army with which she raised the siege of Orleans on May 8, 1429. She then enjoyed a series of spectacular military successes, during which the King was able to enter Rheims and be crowned with her at his side.

In May 1430, as she was attempting to relieve Compiegne, she was captured by the Burgundians and sold to the English when Charles and the French did nothing to save her. After months of imprisonment, she was tried at Rouen by a tribunal presided over by the infamous Peter Cauchon, Bishop of Beauvais, who hoped that the English would help him to become archbishop.

Through her unfamiliarity with the technicalities of theology, Joan was trapped into making a few damaging statements. When she refused to retract the assertion that it was the saints of God who had commanded her to do what she had done, she was condemned to death as a heretic, sorceress, and adulteress, and burned at the stake on May 30, 1431. She was nineteen years old. Some thirty years later, she was exonerated of all guilt and she

was ultimately canonized in 1920, making official what the people had known for centuries. Her feast day is May 30.



**Reflection:** *The life of this saint was marked by heroic courage for the sake of the mission that God had entrusted to her. We might call on the intercession of St. Joan of Arc especially when we need to accomplish a very difficult, nearly impossible task.*

Source: [http://www.catholic.org/saints/saint.php?saint\\_id=295](http://www.catholic.org/saints/saint.php?saint_id=295)

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### **Love Offering:**

May 07, 2009 \$ 926.00  
May 14, 2010 \$ 809.00  
May 21, 2010 \$ 903.00  
May 28, 2010 \$ 879.65

Thank you for your generosity!

### **June Calendar:**

June 04 - First Friday Mass  
June 11 - Praise & Worship  
June 18 - Praise & Worship  
June 25 - Eucharistic Celebration  
(25 BLD Anniversary)

### **Community Calendar:**

- **July 23-25**  
Aspirant's Retreat
- **Jul. 30-Aug. 1**  
Family Encounter #4  
Malvern, PA
- **Sep. 24-26**  
Solo Parent Encounter #3  
Holy Family Seminary  
Silver Spring, MD
- **Nov. 12-14**  
Marriage Encounter #11  
Dulles Hilton, VA

### **Teaching Schedule:**

**June 27** - Advanced Intercession  
**Aug. 29** - Christian Servanthood  
**Sept. 26** - Healing & Deliverance  
**Oct. 23** - Spiritual Warfare

Please check our website [www.bldwashington.com](http://www.bldwashington.com) for 2010 Schedule of Events.