

BLD WASHINGTON



BUKÁS-LOÓB SA DIYÓS COVENANT COMMUNITY

SERVING THE WASHINGTON, D.C. AREA

Counsels

Obedience through the Body and Blood of Christ

Word: Ex 24:3-8; Ps 116:12-13,15-18; Heb 9:11-15; Mk 14:12-16,22-26

Theme: Blessed are we when we faithfully partake of the Body and Blood of Christ in the Eucharist.

(BLD Global Community reflection for June 2009)

In the first reading, Moses is the main character – he is God’s anointed who tells the people what the Lord wants, and the people’s reply was “we will do everything that the Lord has told us.” Ex 24:3b. In the Psalm, it is King David as God’s anointed, the main character, David the “the man after God’s own heart.” His response is “the cup of salvation I will take up, and call upon the name of the Lord.” Psalm 116:13. And then in the Gospel we have Jesus, the fulfillment of God’s divine plan, He instructs us to “Take it: this is my body.” “This is my blood of the covenant, which will be shed,” Mk 14:22 & 24. The disciples’ response was to eat and drink of the bread and wine.

The Church Fathers has revealed to us its meaning, and like the Israelites of old, we did obey likewise. God knows how vulnerable and weak we are. The most Holy body and blood Christ is a gift from God for our salvation.

On our own we can do nothing, but to be a person of God’s own heart is another matter. Our answer lies in the book of psalm when King David asks “How shall I make a return to the Lord for all the good He has done for me? The cup of salvation I will take up, and I will call upon the name of the Lord. (Psalm 116:12-13). This prophecy of King David tells us that there is a way to return the good the Lord has done for us and that is to take the cup of salvation, the Body and Blood of Christ. It is such an

incredibly simple thing to do, and yet how many of us avail of this gift? God knows how weak we are so He made sure we can do what He asks of us.

The Holy Eucharist is the answer to all our problems, to all our questions, to all our weaknesses. The Holy Eucharist, Jesus himself is the answer. Knowing this, shouldn’t we be receiving Him everyday?

Another important aspect to include in our reflection is obedience to God’s will. We can receive Him as often as we can but obedience must be part of our lives. The Lord reminds us to also be obedient, to God, to the Church, to our leaders.

Obedience is a touchy subject matter to discuss and since I am not an authority in obedience, we will let the Church Fathers and Saints speak to your hearts on this matter.

*St. Gregory on obedience: **By the other virtues, we offer God what we possess; but by obedience, we offer ourselves to Him. They who obey are conquerors, because by submitting themselves to obedience they triumph over the Angels, who fell through disobedience.***

*St. John of the Cross ---- **God is more pleased to behold the lowest degree of obedience, for His sake, than all other good works which you can possibly offer to Him.***

*St. Mary Magdalene de Pazzi ---- **A single instant passed under simple obedience is immeasurably more valuable in the sight of God than an entire day spent in the most sublime contemplation.***

*St. John Climacus --- **He who follows his own ideas in opposition to the direction of his superiors needs no devil to tempt him, for he is a devil to himself.***

*St. Pacomius ---- **It is better to cherish the humble desire of living according to the rule of the community, and to be diligent in its observance,***

than to entertain exalted desires of performing imaginary wonders, for such imaginations only tend to swell our hearts with pride, lead us to undervalue our brethren, from an impression that we are better than they.

And lastly from *St. Philip ---- He who always acts under obedience may be assured that he will not have to give an account of his actions to God.*

Let us look to our Lord Jesus, the model of obedience through the death on the cross, offering His Body and Blood of our freedom for our salvation He is in us when we partake of Him. All glory and honor to you Lord Jesus Christ, King of All, Servant of All. Amen.

Directions:

- Be a living witness in words and action not only in the Community, but more so in your own family, in your neighborhood and in your work place.
- Live transformed lives and be worthy to be called children and heirs of God.

God's Promise for the Week

"Take it, this is my body...this is my blood of the covenant which will be shed for many."
(Mk 14:24)

June Calendar

- June 5 Eucharistic Celebration
6 Agony in the Garden/
Washing of the Feet Retreat
12 Praise & Worship
19 Praise & Worship
26 Praise & Worship

Please check our website www.bldwashington.com for 2009 Schedule of Events.

Community Calendar

June 26-28, 2009

- National Convention of Filipino Catholic Charismatic Communities
Baltimore Convention Center
Baltimore, Maryland

August 9, 2009

- Community Day
Bretton Woods
Germantown, Maryland

September 18-20, 2009

- Singles Encounter No.4
Homewood Suites, Dulles, Virginia

November 13-15, 2009

- Marriage Encounter No. 10
Dulles Hilton, Dulles, Virginia

Love Offering

May 22, 2009	\$ 926.00
May 29, 2009	\$ 854.00
June 5, 2009	\$1,169.00
June 12, 2009	\$ 788.00

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